March Madness Squares

From March 7 through April 1, Fitness Center members can earn "March Madness squares" and a chance to win prizes from Parks and Recreation.

For every 60 minutes of exercise you do, you get to choose a square on a March Madness-themed chart – it doesn't matter whether the exercise is in the fitness center or elsewhere. Just log the exercise into the log sheet at the front desk of your community center and choose a square.

There is no limit to the number of squares you can earn - you just have to log the workouts.

The final score of the March Madness championship game will determine the winner, and winners will get a six-week group exercise session of their choice (yoga, kettlebell, cycle or strength class) a water bottle and other goodies.